

Tasting in the garden – using senses, list descriptive words 2nd Grade Fall Visit 1 Garden Lesson

Objective:

Use all five senses to describe taste, smell, feel, look and sound of a variety of garden produce. List as many words as you can for each type of produce.

Identify real-life connections between words and their use. (example: describe foods that are spicy or juicy). 2.L.5.a

Materials:

Cutting boards – 2 or 3

Knife

Spoon for scooping seeds as necessary

Fork for distributing pieces to students

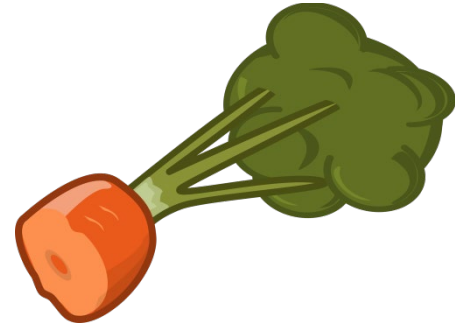
Scrap container – bowl or empty plastic

Colander for washing items

Soap and water (hose or bottle of water) for washing produce and hands

Scrubby for washing carrots

White board and tri-pod stand and dry erase markers



Preparation:

Ensure there are 5 different items to taste/smell from the garden.

Before the lesson, set up a table near an area where students can pick at least one of the things they will be tasting. Or have the items pre-picked and ready to use. Pick the other items and wash them as necessary. Because we are not creating a community dish to be shared, it is not necessary to have all students wash their hands, but the garden educator should wash hands with soap and water.

Set up whiteboard with eraser and dry erase marker.

Action:

Tell a story: I went to the garden this morning because I wanted an apple and someone told me apples are round and red, so I picked this fruit which is round and red – show them a tomato and watch their expressions. How can I tell if this is an apple? What senses would I use to determine if this is an apple? Taste – yes, but what about sound? What about feel? Smell? In this activity we will be tasting, but also listening, smelling and feeling garden produce and coming up with as many descriptive words as we can. It is important to use good manners when tasting. No one has to taste something they do not want to taste. Many people love these items that all come fresh from the garden. If you do not like it – please “Don’t yuk my yum!” If you don’t like something, you may dispose of it politely in the scrap bowl. Please don’t make noises or faces about the food you will taste. Show good manners.

Everyone is encouraged to try. Trying new things is really going on an adventure. When we try new things we are curious and we use all of our senses to explore. Everyone is encouraged to go on this adventure. (“those who aren’t afraid to try new things are more likely to travel around the world someday” 😊), If you don’t want to finish your piece, put it into the scrap container for the compost and please don’t make a lot of noise about it. You might be yukking my yum.

As you Prepare pieces of the produce, explain that students will hold on to their piece until everyone has a sample; pass them out and have students close their eyes - remind students to pay attention to how it sounds, smells and feels as well as tastes. Then everyone tastes at the same time. List the many descriptive words for each item on the white board. If there is plenty to go around and students want more – let them eat as much as they like.

Wrap up:

Take a look at all the words to describe one small piece of fruit or vegetable. What was the juiciest? What was the crunchiest? What was the favorite?