



3rd Grade Salad with vinaigrette

Into a large bowl

Pick a variety of greens

Wash and tear or cut into bite sized pieces

Lettuces

Tahtsoi

Spinach

Arugula

Kale

Pick wash and slice strawberries and radish and pick flowers to add at the end

In a small bowl

Mix into a paste:

A clove of pressed garlic (pushed through a garlic press or minced)

½ tsp salt

1/8 tsp pepper

Add and mix:

½ tsp Dijon mustard

1 Tbs honey

¼ cup vinegar(s)

Slowly add and whisk together:

1/3 cup olive oil

Optional ingredients include honey, herbs, Dijon mustard, garlic, shallots. Try different types of vinegar.